

Pharmacy Pearls for Prescribers- Hypertension

** An e-learning course available on the Avera portal **

Program Goal

Pharmacy Pearls for Prescribers provides up-to-date information on medications, developed by a multidisciplinary group of AMG primary care physicians and pharmacists from Avera Health and Avera Health Insurance Division. An interdisciplinary group has been working to develop educational materials to meet this need. In this series we will discuss hypertension management related to: primary and secondary agents for patients diagnosed with hypertension, resistant hypertension, and considerations for administering hypertension medication at bedtime to improve CVD risk reduction.

Learning Outcomes:

- 1 Discuss primary agents for patients diagnosed with hypertension
- 2 Identify secondary agents for patients diagnosed with hypertension
- 3 Distinguish resistant hypertension
- 4 Describe considerations for administering hypertension medication at bedtime for improving CVD risk reduction

Outcome 100% of participants will demonstrate their knowledge by passing a posttest with a score of 80% or better.

Target Audience

Professions – Physician, Nurse - RN, Nurse - Nurse Practitioner, Physician Assistant, Nurse -LPN/LVN

Specialties – Other

Completion Requirements

- View the education activity
- Complete the post-test
- Complete the evaluation

Credit Designation

Physicians

Avera is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Avera designates this educational activity for a maximum of **1.0 AMA PRA Category 1 Credits(s)TM**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses (NCPD)

Avera is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. A total of **1.0** contact hours can be received upon completion of this education activity. This activity can receive **1.0** pharmacotherapeutic credits upon completion of this education activity.

Additional Information

Feedback person for this educational activity is: averacontinuingeducation@avera.org

Enduring material available from 09/10/2021 to 12/31/2022

This course content was reviewed on 09/10/2021

Disclosure Policy

Due to the regulations required for CE credits all conflict of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

Name of individual	Individual's role in activity	Name of commercial interest/Nature of relationship
Thomas J Babb, PharmD	Committee Planning Member	Nothing to disclose
Tenille A Manning Heier	Committee Planning Member	Nothing to disclose
Jen McKeown, MA	Committee Planning Member	Nothing to disclose
Luke Merkel, PharmD	Committee Planning Member	Nothing to disclose
Rebecca VandeKop, MD	Committee Planning Member	Nothing to disclose
Rachelle Davis PharmD	Content Expert - Committee Member	Nothing to disclose
Todd Belgum, PharmD	Faculty	Nothing to disclose
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Alyssa Laleman, PharmD	Faculty	Nothing to disclose
Kristin Stover, PharmD	Faculty	Nothing to disclose
Chad Thury, DO	Lead Planner	Nothing to disclose
Amy Skoglund, RN, BSN	Nurse Planner	Nothing to disclose

